

Tsilhqot'in Health Hub 2010 – 2015 Road Map

Traditional Wellness and Alternative Medicines
Symposium held for Elders – March 24th and 25th

Physical Therapy Services available at Redstone, Nemiah, Anaham, Stone and Toosey.

Mental Health Clinician Hired to work in Toosey, Stone and Nemiah.

FNHA Funding Advisors to each community to discuss the new five year funding agreements and encourage communities to do new Health Plans.

Project Board and Health Actions \$ announced. Meetings with Health Directors to determine how to use the funding. Strategic Planning in Dec to develop a plan

Supervisors. Treated 75 community members

2nd UBC Dental Clinic Held in Tl'etinqox-t'in. Three day Clinic with 25 Students and

Cultural Competency Training for staff members of the hospital was suggested. Three Tsilhqot'in ladies agreed to develop curriculum to teach.

LOU Committee Identified complaints as a priority to work on with Interior Health. Peace Making Training was done with workers from Patient Quality Office

Funding Received from FNHA to do Nation Planning.

Doctor Recruited for Nemiah after not having one for two years.

Funding Approved by Ministry of Health for another Nurse Practitioner Position. Position posted with Interior Health

Contracted Psychiatrist to do Assessment for Mental Health will be available to our Nation.

Trauma Training will be offered and a crisis response Team will hopefully be established to respond to Crisis

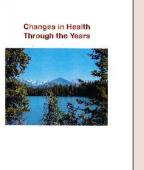
Gardening Specialist will be working with communities to develop or enhance current community gardens

Feasibility Study for an Elders home with be completed this year.

Traditional Wellness Coordinator Develop a plan on how to incorporate Traditional Wellness Into existing health services

Mental Health Clinician to work in communities to compliment the work of the contracted services already there

Changing in Health Through the Years Book was completed



First Strategic Session was held. Vision and Mission Developed and well as goals

Hub Coordinator Hired

Health Directors Met for the First Time. Many of them had never met each other

Funding for Establishing a Hub applied for and received Tsilhoqot'in Wellness Plan Developed

Nurse Practitioner hired to work in the Nation. A partnership with Interior Health

Dr. Travel to community expensive and some communities could no longer afford this. With the help of Interior Health we were able to get 48 visits to our Nation covered.

Community Planning
Sessions to determine

Priorities

Gathering Wisdom V

Vote to take over Health Services from Health Canada

Regional Caucus Meeting and Gathering Wisdom Attended by Health Directors and Chiefs Chief Joe signed contract with UBC Dentistry to have clinic in community that is open to the Nation.

Dental Funding Received. Dentist hired in January to work in Anaham and Nemiah

Health Services Map Completed.

Dental Identified as a need in communities' Chief's sign TCR to apply for funding at the Nation Level

First Annual Health Fair Held at Nation Gathering

Proposal to Interior Health for Health Fair in conjunction with Nation Gathering.

Engagement
Meetings continued.
Partnership Accord
signed in the Region
with Interior Health

applied for in Tl'etinqox-t'in to help the community with Mental Health Supports

RCY Report Released . Crisis Grants

Mental Health Navigator Hired

LOU Committee Formed and started to meet.

Letter of Understanding signed by all six Chiefs with Interior Health

UBC Dental Clinic Held in Tl'etingox-t'in.

Three day Clinic with 25 Students and Supervisors. Treated 85 community members

Nation Applied for Funding for Mental Health Navigator. Funding received from Interior Health

Mental Health Service Providers and Community started meeting to develop a plan to address Mental Health

Top Three Priorities Identified from Communities.

Mental Health Being Top Priority.

2010-2011 2011-2012

2012-2013 2014-2015

2015-2016